



Port of  
Milford Haven

# COMMERCIAL PROPERTY

2026



All information is correct at the time of publication.

**Port of Milford Haven Commercial Property Team**  
Sybil House, The Docks, Milford Haven, SA73 3AA

**Tel:** +44(0)1646 696380  
**Email:** [property@mhpa.co.uk](mailto:property@mhpa.co.uk)  
[www.mhpa.co.uk](http://www.mhpa.co.uk)

# LOOKING FOR OFFICE, RETAIL OR INDUSTRIAL SPACE?

---



---

## ABOUT US

---

The Port of Milford Haven offers a range of properties, including small workshops (from 300ft<sup>2</sup>), large industrial units (up to 30,000ft<sup>2</sup>), retail units, and office space in Milford Haven and Pembroke Dock.

Our Milford Haven properties benefit from their proximity to Milford Waterfront with its wide selection of shops, restaurants and service businesses, Havens Head Retail Park, Milford Marina, and good transport links.

Commercial properties in Pembroke Dock benefit from excellent transport links, proximity to local amenities, access to Pembroke Port facilities, and a well-established supply chain at Pembroke Port.

Whether you are a start-up, expanding business, or an established organisation, our friendly and knowledgeable team is on hand to provide expert support and guidance, ensuring you find the right property to meet your needs.

# PROPERTIES

## MILFORD HAVEN

### Suite 8, Cedar Court



OFFICE

**Suite 8** is a 656ft<sup>2</sup> first-floor suite of Building 2 Cedar Court, featuring access to shared amenities including a kitchen and WCs.

Cedar Court is in a prime location near Havens Head Business Park and Havens Head Retail Park.

**REF:** D760E

### Suite 14, Cedar Court



OFFICE

**Suite 14** is a 721ft<sup>2</sup> ground floor suite which comprises an internal office/small meeting room, a tea station including a microwave, fridge and a unisex WC.

Cedar Court is in a prime location near Havens Head Business Park and Havens Head Retail Park.

**REF:** D772

### 3 Neptune House



OFFICE/RETAIL

**3 Neptune House** offers a versatile 540ft<sup>2</sup> space ideal for office or retail use.

Nestled at Milford Waterfront, this unit offers a prime location with high visibility and foot traffic.

**REF:** D651

# PROPERTIES

## MILFORD HAVEN

### The Link Building



**The Link Building** is a 1,700ft<sup>2</sup> dual aspect retail and leisure unit situated between Neptune House and Temeraire House at Milford Waterfront.

The light and airy unit is one of a kind at Milford Waterfront.

**REF:** D655

### Restaurant in The Old Sail Loft



Restaurant available to let situated in a prime location within the historic **Old Sail Loft** building at Milford Waterfront located alongside Milford Marina.

The waterfront restaurant is 1,512ft<sup>2</sup> and currently has 60-70 covers inside along with outdoor seating. The sale includes all fixtures, fittings and furniture.

**REF:** D395

### 3 Victory House



**3 Victory House** is a purpose built retail unit to let in a prime location at Milford Waterfront.

The 523ft<sup>2</sup> unit benefits from a small kitchen, WC and gas central heating.

**REF:** D534

# PROPERTIES

## MILFORD HAVEN

### Bonded Warehouse First Floor



A 5,297ft<sup>2</sup> multi-use first-floor warehouse facility is located in the **Bonded Warehouse** at Milford Waterfront.

This unit offers a prime location with high visibility and foot traffic.

**REF:** D441

### 3 Victory House



**3 Victory House** is a purpose built retail unit to let in a prime location at Milford Waterfront.

The 523ft<sup>2</sup> unit benefits from a small kitchen, WC and gas central heating.

**REF:** D534

### Unit 2, J Shed

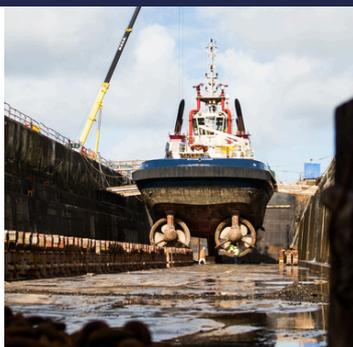


This 5,157 ft<sup>2</sup> high-quality fishing unit has been recently refurbished.

**Unit 2, J Shed** offers a secure roller shutter door, ample storage space and parking, making it an ideal choice for fishing-related businesses or general storage needs.

**REF:** D212/D211

### Dry Dock Facility



**Dry Dock** capacity:

- Length of Face: 180m
- Control Depth: 4.5m
- Max Beam: 19m
- Max Size of Vessel: 70m LOA and 19m Beam

Short and long-term hire available.

**REF:** D024 - D027

# PROPERTIES

## PEMBROKE DOCK

### Pillar Warehouse



At 12,000ft<sup>2</sup>, **Pillar Warehouse** is ideal for warehousing and industrial use. Located near to the cargo port of Pembroke Port and Ferry Terminal.

The building is open plan with no obstructions, within its own compound for security, it also features parking, a wide roller shutter door, loading area and solar panelled roof.

**REF:** P830

### Building 29, Gate 4



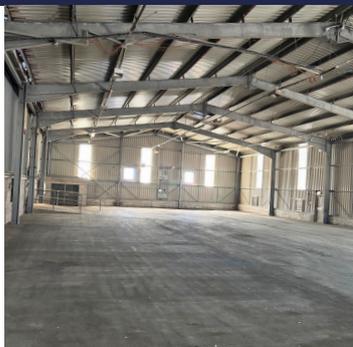
**Building 29** is situated within the gated site of Pembroke Port Gate 4.

The 15,068ft<sup>2</sup> space is ideal for fabrication and engineering work and features lay-down facilities, access to quayside and slipway, 24/7 security including CCTV and roller shutter door.

Can be let with Building 29B.

**REF:** M678B

### Building 29B, Gate 4



**Building 29B** is situated within the gated site of Pembroke Port Gate 4.

The 8,400ft<sup>2</sup> space is ideal for fabrication and engineering work and features lay-down facilities, access to quayside and slipway, 24/7 security including CCTV and roller shutter door.

Can be let with Building 29.

**REF:** M678A

# PROPERTIES

## PEMBROKE DOCK

### Falcon House



OFFICE



As part of the Pembroke Dock Marine project, **Falcon House** is one of four Grade II listed annexes renovated into a flexible modern workspace.

This ground-floor building to the west of the Western Hangar is 181m<sup>2</sup> in total and has been refurbished to include office space ranging from 22m<sup>2</sup> to 51m<sup>2</sup>, ramped access and parking.

**REF: FALCON**

### Catalina House



OFFICE/INDUSTRIAL



As part of the Pembroke Dock Marine project, **Catalina House** is one of four Grade II listed annexes that has been renovated into a flexible modern workspace.

This two-storey building is adjacent to the Western Sunderland Hangar, and includes a central conference room, parking and close proximity to laydown areas, quayside and slipway access.

The size of this property is 760m<sup>2</sup> over two floors, with the option to subdivide. Office spaces range from 37.8m<sup>2</sup> to 85m<sup>2</sup>, along with two workshop spaces measuring 118m<sup>2</sup> and 120m<sup>2</sup>, and a central conference room measuring 32m<sup>2</sup>.

**REF: CATALINA**



# PROPERTIES

## PEMBROKE DOCK

### The Guardhouse



**The Guardhouse** is a historic Grade II listed building providing high quality office space within the former Royal Dockyard in Pembroke Dock, close to the town centre of Pembroke Dock as well as Pembroke Port and Pembroke Dock Ferry Terminal.

The building offers 2,457ft<sup>2</sup> over two storeys with a meeting room, kitchen and toilets.

**REF:** P806

### Captain Superintendent's Building



**Captain Superintendent's Building** is a listed building situated in the historic former Royal Navy Dockyard, near Pembroke Port and Ferry Terminal.

4 offices are available to let with a shared kitchen and WC facilities. A car park is situated to the rear of the building.

**G3:** 152ft<sup>2</sup> ground floor office **REF:** P807A

**G4:** 164ft<sup>2</sup> ground floor office **REF:** P807H

**G7:** 430ft<sup>2</sup> ground floor office **REF:** P807G

**F4:** 420ft<sup>2</sup> first floor office **REF:** P807F

# PROPERTIES

## PEMBROKE DOCK

### Pier House

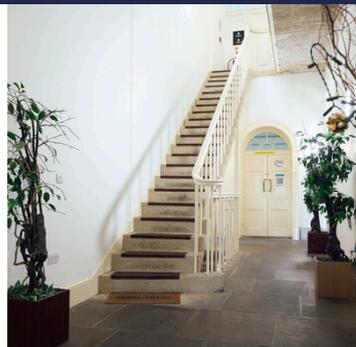


**Pier House** is conveniently located near the town centre offering office space overlooking the Milford Haven Waterway.

3 offices are available to let with a shared kitchen and WC facilities.

**F3:** 239ft<sup>2</sup> first floor office **REF:** M700K  
**G5:** 263ft<sup>2</sup> ground floor office **REF:** M700E  
**G8:** 303ft<sup>2</sup> ground floor office **REF:** M700H

### Sunderland House



Situated within the former Royal Dockyard in Pembroke Dock, **Sunderland House** is full of character.

3 offices are available to let with a shared kitchen and WC facilities.

**F2:** 144ft<sup>2</sup> first floor office **REF:** P805F  
**F9:** 191ft<sup>2</sup> first floor office **REF:** P805J  
**F10:** 152ft<sup>2</sup> first floor office **REF:** P805K

### Building 35A, Gate 4



**Building 35A** is a storage unit situated within the gated site of Pembroke Port Gate 4, Pembroke Dock.

The 191ft<sup>2</sup> property features access to quayside and slipway and 24/7 security including CCTV.

Can be let with Building 35B.

**REF:** M679A

# PROPERTIES

## PEMBROKE DOCK

### Stable 3, Gate 4



STORAGE/INDUSTRIAL

**Stable 3** is situated within Pembroke Port Gate 4, Pembroke Dock.

At 560ft<sup>2</sup>, the unit is suitable for storage or for light industrial use. The property features 24 hour controlled access via a security gate and CCTV coverage.

**REF:** M666C

### Building 41, Gate 4



INDUSTRIAL/WAREHOUSING

**Building 41** is situated within the gated site of Pembroke Port Gate 4, Pembroke Dock.

This 29,295ft<sup>2</sup> space is perfect for fabrication and engineering work and features, lay-down facilities, access to quayside and slipways and 24/7 security including CCTV.

**REF:** M682



At the Port of Milford Haven, we pride ourselves not only on the range and quality of our commercial properties, but also on the relationships we build with our tenants.

Our friendly and expert team is on hand to provide clear advice and guidance, helping you identify the property that best suits your needs.

*Melanie Jenkins*  
HEAD OF PROPERTY

## FOR MORE INFORMATION, PLEASE CONTACT US



### PHONE:

+44 (0)1646 696380



### WEBSITE:

[www.mhpa.co.uk](http://www.mhpa.co.uk)



### ADDRESS:

Port of Milford Haven,  
Sybil House, The Docks,  
Milford Haven, Pembrokeshire,  
SA73 3AA